



November 2019

Middle/High School Lunch Menu

In Season Oranges

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are over 600 varieties of oranges worldwide.

Monday

Weekly Salad Specials:
 Apple Cheddar
 Cranberry Chicken
 Italian Chopped

Alabama **4**
 Smokehouse Burger
 (Cheeseburger w/bacon, lettuce and white BBQ Sauce)
 Oven Baked Fries

No School **11**

 THANK YOU VETERANS

Chicken Alfredo **18**
 Over Pasta
 Roasted Broccoli

Crispy Chicken Tenders **25**
 WG Roll
 Sweet Potato Fries

Tuesday

(Empty)

Loaded Nachos **5**
 W/ Meat & Cheese
 Seasoned Carrots

Tacos on Hard Or Soft Shell **12**
 Fluffy Rice
 Refried Beans

Beef Stroganoff **19**
 Over Egg Noodles
 Corn

French bread **26**
 Pizza
 Romaine & Spinach Salad

Wednesday

(Empty)

Ultimate Chicken Bowl **6**
 WG Roll
 Corn

Grilled Cheese **13**
 Sandwich
 Campbell's
 Tomato Soup
 Or Tuna Melt

Hamburger or Cheeseburger **20**
 On Roll
 Seasoned Potato Wedges

No School **27**
Thanksgiving Break!

Thursday

(Empty)

Chicken Parmesan **7**
 On WG Roll
 Mac & Tuna Salad
 Green Beans

Chicken Spiedies **14**
 Broccoli Slaw
 Tator Tots

Thanksgiving Dinner Day! **21**
 Turkey & Gravy,
 Mashed Potatoes,
 Stuffing, Sweet Potatoes, Peas &

HAPPY!

THANKSGIVING

Friday

Assorted Classic **1**
 Pizza
 Romaine & Spinach Salad

Pepperoni Roll **8**
 Or Cheese Roll
 W/Dipping Sauce
 Romaine & Spinach Salad

Assorted Classic **15**
 Pizza
 Romaine & Spinach Salad

Pepperoni Roll **22**
 Or Cheese Roll
 W/Dipping Sauce
 Romaine & Spinach Salad

No School **29**
Thanksgiving Break!

Announcements

Available Daily:
 Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day
 May Choose up to two (2)
NY Milk Choices:
 1% White, Skim White & Skim Chocolate
Daily Choices:
 Deli Bar
 PB&J
 NY Yogurt Parfait
 NY Fruit Smoothies
 Assorted Salads

Meal Prices

Breakfast and Lunch will be served at NO COST to students for the 19/20 school year!

Menu subject to change without notice.